

Best Practices Sharing

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Class Used In Culinary Arts

Please take a few minutes to write about a "Best Practice" that you use in your classroom. This can be a mini-lesson used to do Team Building, an introduction to a unit that grabs their attention, an anecdote that clarifies a concept etc. No need to make photo-copies or to bring extra handouts—unless you really want to. Just write below.

I have the students take an unhealthy meal and create the healthy alternative. They compare and contrast the healthy vs. unhealthy + create healthy recipes. They can even create posters, at the end the team presents to the class. This project can be stretched to three to four days. To take it another step—they add nutritional information as well.